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Vegan Desserts: Sumptuous Sweets for Every Season

By Hannah Kaminsky

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, Vegan Desserts: Sumptuous Sweets for Every Season, Hannah Kaminsky, Featuring more than one hundred simple but scrumptious recipes, Vegan Desserts offers alternatives to treats that are normally heavily laden with butter, eggs, and other animal products. With a new recipe for each season, Kaminsky keeps the emphasis on fresh fruits, vegetables, and herbs, offering desserts that are truly inspired and yet simple enough for anyone to make. Kaminsky insists that fresh, local produce--at the peak of ripeness--offers incomparable flavors that cannot be replicated with any amount of sugar, salt, or any baking extracts. As a result, her creative recipes will appeal to health-conscious bakers (all recipes are low in cholesterol and many feature natural sweeteners and whole grains), though even the sweetest sweet tooth among us will be more than satisfied by these tantalizing treats. From luscious lemon mousse and roasted apricot ice cream to black velvet cupcakes and almond chocolate blossoms, readers will find exciting new desserts as well as 100 percent--vegan versions of old favorites. Clear, precise directions guide readers through every step, and a mouthwatering photo accompanies each recipe. Golden saffron pound cake, no-bake pumpkin creme brulee, black pearl...



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